

SUSSEX

# REVIEW

SPRING/SUMMER 2019



Sussex

Promoting & Protecting  
your Countryside

Annual Report 2018  
Our need for a living landscape

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## Plant Your Postcode wins National Lottery funding!



We are thrilled to announce that CPRE Sussex has just been awarded National Lottery funding for our 'Plant Your Postcode' project as outlined in the last edition of the CPRE Sussex Review. This new initiative will help to make Brighton & Hove a greener place to live, as we help local residents across the City get trees planted in their streets, green spaces and parks.

Our street trees and urban woodlands are threatened by disease, old age and climate change. Increasing tree cover will tackle these issues whilst providing a healthier, leafier living environment for local residents and more homes for wildlife.

Gaining National Lottery funding for our project will make a huge difference to what we can achieve. We have money for some initial planting and will be able to work with residents' groups and communities in the longer term to raise funds for many more trees to be planted in their neighbourhoods.

We are hosting an official launch event for the project in mid-June, and are now starting to look for suitable sites for planting.

In the meantime, if you live in Brighton and Hove and would like trees for your street, or if you would like to take part in the project or find out more, then please contact: [alison.welerveden@cpresussex.org.uk](mailto:alison.welerveden@cpresussex.org.uk)

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Rodney Chambers

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Penelope Hudd, John Kay, Sally Pavey,  
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Bill Freeman

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**Branch Administrator:** Lesley Wilson

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Published by CPRE Sussex,  
the Sussex Branch of the Campaign  
to Protect Rural England.

We exist to protect and promote the  
beauty, tranquility and diversity of  
our countryside by encouraging the  
sustainable use of land and natural  
resources in town and country.

CPRE Sussex is an independent charity  
funded by membership subscriptions,  
donations and legacies. What makes

our work so effective is our network of  
active volunteers and the support of  
our members.

The opinions expressed in the Review  
reflect the views and interests of  
individual contributors and do not  
necessarily reflect those of the Branch.

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Registered Charity number: 1156568

For Membership Information please  
contact the office as above or join on  
line at [www.cpresussex.org.uk](http://www.cpresussex.org.uk)

# Spring/Summer Review 2019



## Obituaries

With sadness we are reporting the passing of Steve Ankers and Gerald Summerfield.

Steve Ankers, who worked for many years for the South Downs Society, was a good friend to CPRE as well as a walker and humorous writer. Steve's fantastic knowledge and influence are much missed.



## Welcome!

Many of you will know that our fantastic office administrator, Lesley Wilson, was thrown from her horse and dragged through the Ashdown Forest in February. I am very glad to say that she is healing well and slowly building up her work hours once again. I would like to pass on her thanks to everyone who sent her good wishes and support. In Lesley's absence, our Accounts Manager Sas has held the fort admirably for which we are hugely grateful. Thanks also to everyone who has put in an enquiry to the office for your patience, while we have been short staffed.

I am pleased to announce that we have offered the post of Accounts Manager to Duncan Lyne who will start at the beginning of May.

As a charity, we only have a very small number of paid staff and the majority of our work is done by volunteers. All your support, from taking part in the 500 club or sending in a donation or giving us your time and knowledge as a volunteer, makes a massive difference to our work.

So thank you.

*Kia Trainor, Director*

It is with great sadness that we say farewell to Gerald Summerfield (above) who passed away on the 15th April. A long term friend, colleague and volunteer with the Sussex Branch and the Lewes District Group, Gerald will be much missed.

Gerald served for many years as Branch Trustee, Vice Chairman and Vice President and, with his experience and interest in the railways, was a member of our National Charity's Transport Group. He was Chair of the Lewes District Group and always remained an active member. Our condolences and warmest wishes go to Gerald's wife Barbara, son Trevor and family.

# Restoration drama – changing agri-desert back into a bio-diverse countryside

Writing in a personal capacity, Belinda Gordon, strategy director at Green Alliance looks at what can be done to tackle species decline.

**M**y son went pond dipping recently and I asked him what he found. The answer was ‘nothing’. My son, who loves nature – he can identify most British butterflies – now thinks it is normal to spend an hour putting a net into a pond and find nothing living in it. Over the course of my lifetime, there has been a spectacular decline in biodiversity in our countryside.

Our countryside may be green but the evidence suggests that it is increasingly only providing a habitat for humans and the animals we farm.

## How long will it be able to do that without the support of wider nature?

The State of Nature report 2016 shows horrific declines in once common species. An updated report being published this autumn won't paint a prettier picture either. The UK is now one of the most

nature-depleted countries in the world. And this is despite having one of the largest memberships of conservation organisations per capita and almost 40 years of pioneering agri-environment schemes.

## What is to blame for this decline?

The finger can be squarely pointed at agricultural intensification. Farmers have responded to the steps set out in wartime and post-war domestic agricultural policy and then the EU Common Agricultural Policy (CAP) to intensify production. This has not only had a visual impact on the countryside in terms of the removal of hedgerows and trees, creation of larger fields, monocultures of crops or rye grass but also huge invisible impacts – the pollution of watercourses, degradation of soils, and the dramatic drop in insect numbers with its consequent effect on other biodiversity.





The good news is that we look to be on the brink of changing all this. The scale of the devastation of our countryside seems to be getting too big to ignore. Media outlets have started to cover stories about the massive decline in insect numbers and nearly half of farmed fields having no or very few earthworms. This, coupled with the Intergovernmental Panel on Climate Change's (IPCC) report that shows the need for immediate and radical action if we are to mitigate some of the impact of climate change, is starting to have an impact.

Michael Gove (Secretary of State for Environment, Food and Rural Affairs), for one, seems to have been listening. He has brought forward an Agriculture Bill that would mean, on leaving the EU, there would be (over a number of years, to allow farmers time to adjust) a radical change in the way public money would be used to support farming. Instead of being paid out based on land area owned, the majority of funds would be used to help farmers to deliver so-called 'public benefits' – things like flood prevention, more room for nature and carbon storage – things that aren't currently rewarded by the market in the way food production is.

If this goes ahead, it could revolutionise our countryside and help reverse its degradation. But the devil will be in the detail. 'Greening the edges' by cutting hedges less frequently and leaving buffer strips that aren't sprayed won't be enough on its own: we need to change the way we produce food. Government policy, regulation and incentives must send the signals to farmers to drive the production of food that is carried out within the environmental limits of the land. This is vital not only to reverse biodiversity declines and address climate change, but also to ensure that food production itself can be sustained in the long term.

**“The finger of blame can be squarely pointed at agricultural intensification.”**

More radical options must be pursued too. I am currently reading the inspirational *Wilding* by Isabella Tree, about the Knepp Estate in West Sussex where natural processes have been allowed to take over. This has resulted in incredibly rich wildlife and a better financial return than from trying to flog the heavy Sussex clay to produce grain. But this won't be right everywhere. On land where it can be done efficiently, we need to continue producing food. Under all climate change scenarios, the UK remains one of the few parts of the globe suitable for producing significant quantities of food. The UK will have a moral obligation to help feed the global population.

On leaving the constraints of the EU agricultural policy, we have a chance to lead the world in showing how food production can be combined with restoring nature and climate change mitigation. But this won't happen automatically. If the government's current proposals for a new agricultural policy go through (all is uncertain at the time of writing!), that will be the first step. This will mean change – technology will have to play a role – but if we embrace and direct that change it should result in a much richer, more diverse countryside.

For more information and discussion on environmental policy and politics, listen to the Green Alliance podcast.

If you are interested in this issue, you may want to read the new CPRE Report 'Back to the land: rethinking our approach to soil' – <https://www.cpre.org.uk/resources/farming-and-food/farming/item/5013-back-to-the-land-rethinking-our-approach-to-soil>

**Do you want to take action about this issue?**

Please write to your local MP and press for a new Agriculture Bill centred around public money for public benefit and an ambitious Environment Bill (due out in the summer).

For more information, go to: <https://www.cpre.org.uk/resources/farming-and-food/farming/item/4839-cpre-response-to-the-government-s-consultation-on-a-post-brex-it-agricultural-policy>

# The healing power of nature

Peter Deadman, Brighton & Hove member and co-founder of Infinity Foods, the natural and organic co-operative, reflects on our relationship to the natural world.



**N**ature is a place of belonging and being in nature is a rich source of health and wellbeing. I have always been inspired by the ancient Chinese Daoist philosophy which places people at the heart of the natural world, teaching us that we are neither superior nor inferior but seamlessly integrated with all phenomena – living or not.

Hiking in forests, hills or mountains; gazing on valleys, green meadows, winding rivers and snow-capped peaks; strolling through city parks as springtime trees unfurl with new life; kicking through piles of autumn leaves; digging our hands into rich earth to plant seeds and bulbs; watching the sea in all its moods and colours – we allow the forms, smells and sounds of nature to fill our senses.

These are not the utilitarian, linear and conscious designs of the city (however wonderful they may be), but an infinitely varied and complex environment that has designed itself according to natural laws. And we, of course, are part of it all, and until very recently in our evolutionary history, have lived fully immersed in it. It is no surprise, then, to find that we benefit – physically, emotionally, mentally and socially – from our connection with nature, and that we suffer when we destroy it.

This might seem just a romantic idea were it not for the growing body of evidence that confirms it. One of the first studies (1984) into the connection between nature and health found that patients recovering from gallbladder surgery made a far faster recovery if they had a view of trees from their hospital beds, compared to those whose beds looked out onto a brick wall.

Later studies found that people living in or close to green space (private and public gardens, agricultural land, forests and other natural environments), report fewer symptoms of disease, better perceived general health and better mental health. In fact just 10 per cent more green space close to where people live results in a decrease in symptoms equivalent to being five years younger.



In Japan, strolling through woodland, absorbing the smells, sounds and sights, is known as shinrin-yoku or forest bathing. It has been found to significantly lower stress levels (reducing cortisol, pulse rate, blood pressure and sympathetic nervous system activity) compared to walking in the city. So great is the benefit of walking in green space that a Japanese study of over 3,000 older people found that they were more likely to live longer simply by having parks or tree-lined streets that they could walk in, near their homes.

Nature and Health, a comprehensive 2004 Dutch report concluded that just looking at film or images of the natural world reduces heart rate, blood pressure and muscular tension in the face, while images of urban environments has the opposite effect. Even the briefest contact with nature reduces anxiety and anger and increases positive feelings. Children who have a view of the natural (as opposed to urban) world from their home, display better mental functioning and mental health, while children who live close to nature are better at dealing with stressful events. For adults, those who live in or were born and brought up exclusively in cities have a significantly higher risk of anxiety, mood disorders and schizophrenia, while having a view of the natural world from the home or living within sight of green space results in reduced aggression and crime rates. Even something as simple as having plants in an office can reduce blood pressure.

It is obvious that if town and country planning put these findings into practice, it would make a real contribution to our health and wellbeing as well as saving money. A Californian Active Living paper found that every \$1.5 invested in walking trails, parks, cycle lanes and pedestrian friendly areas in cities, returned \$20 in increased business and reduced healthcare and fuel costs.

However, we are now coming to the realisation that we are destroying our beautiful natural world at an ever-increasing pace. Destructive agricultural and development policies and our consumerist lifestyles are inflicting what is known as the 'sixth wave of extinction', with up to 100,000 plant and animal species disappearing every year.

The Centre for Biological Diversity describes it as the worst spate of species die-offs since the loss of the dinosaurs 65 million years ago. This is not just a tragedy, but a cause of real alarm. Collapse of the marine and soil environment, rapid insect and species extinction, and climate chaos are having what The Lancet medical journal calls "very serious and potentially catastrophic effects for human health and human survival".

Those of us who love nature, who understand how we are inseparably linked to the natural world, and who want to preserve its wonders for future generations, are being called on to speak out and to act in every way we can to protect and preserve both our immediate surrounding green spaces and this beautiful planet with all the life that inhabits it.

Peter is author of 'Live Well Live Long: Teachings from the Chinese Nourishment of Life Tradition'.





**Annual report 2018**



# All that's Green

The countryside has long been described as the 'lungs of the city', but research increasingly suggests, that we must value Sussex green spaces for so much more than their practical provision of clean air, clear water and space to grow crops or capture carbon.

The importance of engaging with nature for our own mental and physical wellbeing is becoming much better understood making it even more vital that we continue to promote and protect our countryside.

CPRE Sussex recognises that we cannot protect the countryside if we do not also promote it. Perhaps we have spent so long campaigning to protect Sussex against unwarranted and misguided developments that our scenic glories and familiar green spaces, our verges and parks, have been taken for granted. Both Sussex counties are still largely rural with town growth concentrated along the coast or along roads and rail convenient for London commuters. With no established Green Belt, precious open space continues to be built over. Our Areas of Outstanding Natural Beauty (AONB) are threatened despite their theoretical high levels of planning protection.

Increasingly, the public's contact with traditional farming techniques and rural industries has diminished as urban life and occupations dominate British life.

With it, common knowledge of natural history and the easy identification of flora and fauna has declined. A massive decline in the numbers of once familiar birds, like sparrows, swifts, and turtle doves reminds us of the ongoing degradation and loss of habitats and the subsequent decline in species.

Fighting back against this loss of green space and habitat, 2018 has been a busy year for CPRE Sussex. Our part time staff, keen Trustees and supporters have been busy preparing for Local Plans, building local campaigns and responding to consultations on national policy proposals that threaten the overdevelopment of large parts of Sussex.

Our Director has presented evidence before the Parliamentary Committee considering fracking policy, she represents the branch at national meetings and frequently appears on local radio and television. Trustees and supporters work closely with our Director as we continue to contribute to CPRE's national campaigns including those for more affordable housing.

## Districts continue to face considerable challenges.

- In Adur we requested further scrutiny by James Brokenshire, Secretary of State for Housing, Communities and Local Government, via a 'Call In' of the two planning applications on the floodplain at New Monks Farm, Lancing (which includes an IKEA) after Adur Council, against the advice of the South Downs National Park, approved the applications.
- We responded to the draft Worthing Local Plan. In Lewes we have commented on the Local Plan part 2 and applications including an appeal at Newick.
- We took part in the examination of the South Downs National Park Local Plan.
- Our Arun group is working closely with parish councilors and campaign groups to try and improve the huge amount of development programmed in for villages and towns from Littlehampton to Pagham. We commented on the Arundel Local Plan and protested against Highways England's mishandled consultation on a further A27 bypass for Arundel.
- Our recently reformed Chichester group has been considering Chichester's draft Local Plan and ongoing road scheme plans.
- Housing pressure in Brighton and Hove, particularly on the 'urban fringes' is concerning the local group. We are developing a project to help safeguard Brighton urban open spaces and street trees.
- Volunteers in Wealden have focused on the latest reiteration of the Wealden Local Plan, which sets out plans for an additional 14,000 homes by 2028 with growth focused in the South of Wealden.
- In Horsham we responded to planning applications (including a large commercial incinerator) and wrote to the local press to highlight failings of the planning system and the impact this is having on the Horsham countryside. We are tracking the review of the Horsham Local Plan.
- In addition to considering planning applications, in Rother and Hastings we are looking at proposals for solar parks at two Hastings council sites.
- In Mid Sussex we have been reviewing proposals for the 'Northern Arc' above Burgess Hill.
- Transport continues to loom large with major rail delays and closures and concerns about road plans for the A29, the A259 and the A27. Working as part of the South Coast Alliance for Transport and the Environment (SCATE) we have been promoting multimodal approaches to transport issues. The recent emergence of the regional body - Transport for the South East, administered by East Sussex County Council, offers the opportunity for more joined-up thinking. The proposed conversion of an emergency to an additional runway at Gatwick airport has caused us to campaign vociferously against the threatened consequences of noise, air pollution and associated building and to press for a new Aviation Task group to be established at national CPRE.

These issues are not going away and we are particularly grateful to all our team that help ensure the public is made aware of these and all the other challenges to our precious heritage.

**David Johnson,**

Chairman's Report for the year ended 31st December 2018

# Trustee's Report

The Trustees present the financial statements which have been drawn up in accordance with current statutory requirements, the Statement of Recommended Practice 'Accounting and Reporting by Charities' effective from January 2015 and the Branch's governing document.

## Trustees

The Trustees who have served during the year and at the date of the Report were:

**Graham Ault**  
**Rodney Chambers**  
**William Freeman**  
**Stephen Hardy MBE**  
**Julian Hill**  
**Penelope Hudd**  
**David Johnson**  
**John Kay**  
**Sally Pavey**  
**Dr Roger Smith**

New trustees are appointed after a review of the skills required and are drawn from individuals who have relevant backgrounds. When appropriate the trustees consult other relevant organisations for nominations to the committee. New trustees are provided with an introduction to the Charity.

## Registered address:

Brownings Farm  
Blackboys  
Uckfield  
East Sussex  
TN22 5HG

Campaign to Protect Rural England,  
Sussex Branch CIO  
Charity number: 1156568

## Working Names

CPRE Sussex and CPRE Sussex  
Countryside Trust

## Constitution, objectives and activities

CPRE Sussex is a Charitable Incorporated Organisation and its governing document is "The Constitution of the Campaign to Protect Rural England, Sussex Branch CIO" registered with the Charity Commission on 8th April 2014, charity number 1156568. The Branch is restricted by its Constitution from undertaking any substantial permanent trading activities.

The objects of the CIO are to promote and encourage for the benefit of the public the improvement, protection and preservation of the countryside of Sussex and its towns and villages and the environmentally better development of the same.

## Bankers:

CAF Bank Ltd, PO Box 289, Kings Hill,  
West Malling, Kent, ME19 4TA

## Independent Examiner:

Mr C R Tyler, FCA DChA, Chariot House  
Ltd, 44 Grand Parade, Brighton, East  
Sussex BN2 9QA

## Investment adviser and nominee company:

Charles Stanley & Co Ltd, 25 Luke  
Street, London EC2A 4AR

## Public benefit reporting

The Trustees confirm that they have complied with the duty in section 17(5) of the Charities Act 2011 to have due regard to the general guidance on public benefit when reviewing the Charity's aims and objectives and in planning future activities.

## Financial review and reserves

The Chairman's report included in these accounts gives a full description of the activities and results for the year ended 31st December 2018. The Trustees consider that the level of reserves is adequate to support current activities for the next three to four years, and are actively reviewing future funding to ensure that CPRE Sussex will continue to be an effective voice for the future. The Trustees review financial and other risks on a regular basis.

## Trustees' Responsibilities

The Trustees are responsible for preparing the Trustees' Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

The law applicable to charities in England and Wales, the Charities Act 2011, Charity (Accounts and Reports) Regulations 2008 and the provisions of the constitution, requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources of the charity for that period. In preparing these financial statements, the Trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements, and
- prepare the financial statements on the going concern basis unless it is inappropriate that the charity will continue business.

The trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charity and which enables them to ensure that the financial statements comply with the Charities Act 2011, the Charity (Accounts and Reports) Regulations 2008 and the provisions of the constitution. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Approved by the Committee of Trustees on 12th April 2019 and signed on its behalf by:

**David Johnson**  
**Chairman**

# Abridged Financial Information

## Statement of Financial Activities for the year to 31st December 2018

These figures are extracted from the full Trustees' Report and financial statements which have been independently examined by Mr C R Tyler of Chariot House Limited who gave an unqualified statement in May 2019. The Independent Examiner has confirmed to the Trustees that the summarised financial statements are consistent with the full financial statements for the year ended 31st December 2018. The Trustees' Report and financial statements were approved by the Trustees and signed on their behalf on 12th April 2019. They will be submitted to the Charity Commission. These summarised financial statements may not contain sufficient information to gain a complete understanding of the financial affairs of CPRE Sussex CIO. The full Trustees' Report, Independent Examiner's Report and Financial Statements may be obtained from

CPRE Sussex CIO,  
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TN22 5HG.

**Julian Hill,**  
**Treasurer**

	Unrestricted funds	Restricted funds	Total 2018
	£	£	£
<b>INCOMING RESOURCES</b>			
Membership subscriptions (includes Gift Aid)	37,925	–	37,925
Investment Income	3,186	–	3,186
Legacies	1,000	–	1,000
Donations	10,228	–	10,228
Making Places Grant	–	3,750	3,750
SCATE	–	10,550	10,550
New Monks Farm	–	300	300
Gift Aid	1,455	–	1,455
Other Income	1,607	–	1,607
<b>Total Incoming Resources</b>	<b>55,401</b>	<b>14,600</b>	<b>70,001</b>
<b>RESOURCES EXPENDED</b>			
Raising funds	5,960	–	5,960
Charitable Activities	88,841	16,967	105,808
<b>Total Resources Expended</b>	<b>94,801</b>	<b>16,967</b>	<b>111,768</b>
Net Incoming/(Outgoing) Resources before Transfers	(39,400)	(2,367)	(41,767)
Gains/(Losses) on Investment Assets	(8,675)	–	(8,675)
Net Movements in Funds	(48,075)	(2,367)	(50,442)
Transfer of Funds	–	–	–
	(48,075)	(2,367)	(50,442)
<b>Fund balance at 1st Jan 2018</b>	<b>226,660</b>	<b>9,477</b>	<b>236,137</b>
<b>Fund balances at 31st Dec 2018</b>	<b>178,585</b>	<b>7,110</b>	<b>185,695</b>
<b>Balance sheet at 31st December 2018</b>			
<b>FIXED ASSETS</b>			£
Tangible Assets			292
Stock and Bond Investment			152,622
<b>Total Fixed Assets</b>			<b>152,914</b>
<b>CURRENT ASSETS</b>			
Debtors, Prepayments & Deposits			13,109
Short term deposits			13,936
Cash at bank and in hand			6,726
<b>Total Current Assets</b>			<b>33,771</b>
<b>Less Creditors</b>			
Amounts falling due within one year			990
Net Current Assets			32,781
Net Assets			<b>185,695</b>
<b>INCOME FUNDS</b>			
Restricted			<b>7,110</b>
Unrestricted			<b>178,585</b>
<b>Total</b>			<b>185,695</b>



# You are invited to our AGM 2019

**Bates Green Farm Café Barn, Tye Hill Road, Arlington, BN26 6SH**  
**Friday 5 July at 10.30am (coffee/tea from 10am)**

This year we are doing something a little different – please join us at Bates Green Farm, home to the stunning Arlington Bluebell Walk and Trail.

The owner, Mr John McCutchan, who was the winner of the coveted Peter Brandon Award at our 2017 Countryside Awards, extends a warm welcome and, after lunch, will lead a guided farm walk, accessible to all (mobility scooters on site).

We welcome two fascinating speakers – Professor Dan Osborn from the School of Human Ecology at University College London (UCL), and Dr Tony Whitbread, former CEO at the Sussex Wildlife Trust.

Professor Osborn will talk about the many factors that influence our sense of wellbeing, focussing particularly on the importance of green havens and open spaces in our built and natural environment.

Dr Whitbread will share his interest and passion for supporting a 'living landscape' where people

can re-engage with wildlife. Tony will also address the importance of improving our soils, restoring biodiversity and the role re-wilding can play.

There will be a delicious buffet lunch, which you can pre-book, provided by Bay Tree Foods, who are based on the farm so keeping it superbly local! (The menu can be found on our website.)

Our agenda and travel advice for the day is enclosed. Please submit agenda items and nominations for the Executive Committee in writing to the Branch Office by Friday 28 June. Details of those standing for election/re-election can be found on our website at [www.cpresussex.org.uk](http://www.cpresussex.org.uk).

To book lunch and/or join the walk, please complete and return the enclosed Booking Form to the office. It would also be a great help if you could let us know if you plan to attend the AGM itself.

## Help us raise money when you shop online – it's easy to set up and doesn't cost you anything!

If you haven't already heard about 'easyfundraising', it's a scheme where you can raise funds for your chosen cause (i.e. CPRE Sussex!) every time you shop online.

Over 3,300 retailers are part of the scheme including Amazon, Argos, John Lewis, ASOS, Booking.com, eBay, Boden, M&S, Sainsbury, Tesco and Waitrose.

We recently registered CPRE Sussex with the scheme and we would love all of our members and supporters to sign up to it so that we can raise more funds.

**Every time you shop online and make a purchase, the retailer sends us a free donation at no extra cost to you.**

It's that easy – there really are no hidden catches.

The Office for National Statistics figures reveal that at least one in every five pounds spent on retail in the UK is now spent online.

That gives us great potential to raise vital extra funds to support our work.

Please do give it a try the next time you go to buy something online (even if it's just the weekly online grocery shop) and encourage your friends and family to sign up too. We need to raise as much as possible!

So please visit our new easyfundraising page at <https://www.easyfundraising.org.uk/causes/cpresussex/> and click 'support us'.

You are then ready to start shopping!

