

# View Comment

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**Comment ID** /3048

**Respondent** [Campaign to Protect Rural Engl...](#)

**Response Date** 27 Mar 2020

**Current Status** Awaiting Processing

**Response Type** OBJECT

**What is the nature of this comment?**

Object

**Summary** 'To achieve a sustainable use of ecosystem services thus enhancing natural capital across Horsham District and contributing to wealth and human health and wellbeing' be added as an additional Spatial Objective. And amend paragraph 3.13.

**Comment** Please see attached pdf: CPRE Sussex Proposed Spatial Objective.

An informative summary of the findings of research in to the health and wellbeing- benefits of nature are presented in '**The Health and Social Benefits of Nature and Biodiversity Protection**'. **The Institute of European Environmental Policy (IEEP) (2016)**, here quoted: Page 5: "*The presence of nature in living and working environments has been shown to be beneficial in a number of contexts. Benefits can be gained when making active use of nature, but also from the physical presence of nature in the near surroundings (direct health benefits). In the latter case, the distance from and amount of green space plays an important role in how large the health benefits are. Potential direct health benefits from nature include faster recovery from mental fatigue, less stress, better quality of life, and lower risk of mortality (Maller et al., 2005)*". And "*Several experimental studies (Health Council of the Netherlands, 2004, van den Berg et al., 2007, Roe et al., 2013) have shown that exposure to nature has a positive effect on mood, concentration, self-discipline and physiological stress. People living in a greener environment experienced fewer health problems and scored their health more positively compared to people living in less green environments (de Vries et al., 2003)*".

*And Page 8: “Epidemiological studies have found long-term beneficial health effects of green environments on reduced morbidity and increased longevity (Maas et al., 2009, Takano et al., 2002). The cross-sectional studies on the topic have found a positive relationship between well-being and the amount of neighbourhood greenery (e.g. van Herzele & de Vries, 2012, Ward Thompson & Aspinall, 2011)”.*

- Proposed Change**
1. 'To achieve a sustainable use of ecosystem services thus enhancing natural capital across Horsham District and contributing to wealth and human health and wellbeing' be added as an additional Spatial Objective. Why this is needed is explained in the attached pdf: 'CPRE Sussex Proposed Spatial Objective '.
  2. Amend Paragraph 3.13's opening sentence to read “The rich heritage and high quality natural environment, and the significant contribution this makes to the overall attractiveness, economic competitiveness, the health and wellbeing of people, and the identity of the district is recognised and promoted”.

**Attachments**  [CPRE Sussex Proposed Spatial Obective.pdf](#)