

4 May 2023

PRESS RELEASE: Join Hedgelife Help Out and show your support for homes for nature

Help CPRE Sussex build a picture of how healthy our hedgerows are and find out about other volunteer opportunities.

CPRE Sussex is inviting everyone to check on a hedgerow local to them and help build a picture of the state of our hedgerow network.

Hedgelife Help Out is being run by the national CPRE charity until May 31.

Taking part is simple. Just visit cpre.org.uk/hedgelife-help-out to find out more.

CPRE Sussex director Paul Steedman said: “Hedgerows are the vital stitching in the patchwork of our countryside. Not only are they beautiful, with shifting seasonal colours, but they also provide homes and corridors for wildlife. And all the while they help tackle the climate crisis by capturing carbon.”

The Hedgelife Help Out is just one way to get involved in Big Help Out activities, planned to mark King Charles III’s coronation.

CPRE Sussex is looking for a host of volunteers to help with its work – from letter-writers to film-makers, from campaigners to event organisers.

Find out more about CPRE Sussex volunteer opportunities here: cpresussex.org.uk/volunteer-opportunities-in-sussex

-ENDS-

For press inquiries and interview opportunities contact sheena.journalism@gmail.com.

Notes for editors:

About CPRE Sussex

CPRE Sussex is shaping a greener future for Sussex. Our priorities are:

- Beautiful landscapes, rich in nature and greener towns and cities
- Countryside and green spaces which are accessible to all, enriching lives and health
- Sustainable development for thriving communities
- Effective responses to the climate emergency

We engage with decision makers, influencing them and challenging them to protect the Sussex countryside and green spaces. We inform on environmental issues and empower individuals and communities with robust evidence to defend and enhance the green spaces they love. We



The countryside charity

Sussex

believe in collaborating with others to ensure a greener future for our county. We research and provide advice on planning issues. Together we can shape a greener future for Sussex.